

SALLY MONTAGUE

HAIR & SPA

Aveda Pricelist - Ashbourne

All the following prices and treatments relate only to the following salon: Ashbourne.

Hair

Treatment	From	From
Cut & blow-dry	£45	Semi permanent colour** £35
Blow-dry	£25	Permanent colour** £40
Gents cut & blow-dry	£30	Half head highlights** £50
Stylist cut & blow dry	£35	Full head highlights** £65
Stylist blow dry	£15	**Patch testing required 48 hours
Add-on conditioning treatments	£15	prior to colour services, blow dry
Hair up/set	£40	not included.
Wedding hair (includes trial)	£80	
Wedding hair on location	£P.O.A.	

All prices can be quoted before commencement of the service.

Facials

The goal of our Elemental Nature Facials is to restore balance to the skin. Based on the results of your Elemental Nature Questionnaire, your therapist will design a facial treatment that includes personalised products, essential oil aromas, and facial massage techniques. At each visit, your restorative skin session will be created from the following Elemental Nature skin needs;

Infinity Nature – balances normal to dry skin conditions
Air Nature – nourishes dry, dehydrated and mature skin
Fire Nature – cools and soothes sensitive, irritated skin
Water Nature – clarifies blemished and congested skin
Earth Nature – purifies normal to oily skin conditions
Elemental Nature™ Express Facial

A rapid way to rebalance and refresh your skin by concentrating on 1 key skin concern you may have. This is a perfect treatment when time is of the essence and will leave your skin with a wonderful luminosity.

Treatment time: 45mins **Price:** £35

Elemental Nature™ Facial

A personalised treatment designed to balance and calm the skin, including a relaxing scalp or hand massage. Utilising specialised techniques and incorporating gentle steaming, acupressure, exfoliation, facial massage and a mask therapy. Your skin concerns will be resolved, leaving it hydrated and refreshed.

Treatment time: 1hr 15mins **Price:** £55

Elemental Nature™ Facial for Self Renewal

This luxurious facial is a head to toe experience for total relaxation and skin rejuvenation. Utilising specialised techniques and incorporating gentle steaming, acupressure, exfoliation, facial massage and a mask therapy. Including a scalp, hand and foot massage to help balance the body and create a sense of peace and harmony. This soothing treatment will leave you totally hydrated and rejuvenated.

Treatment time: 1hr 45mins **Price:** £75

Elemental Nature™ for Radiant Skin

Encourages skin renewal and cell turnover through exfoliation and moisturisation using Aveda's unique range of tourmaline charged products. This treatment will leave your skin positively glowing. Suitable for all skin types and especially recommended prior to any special occasion.

Treatment time: 1hr 15mins **Price:** £55

Specialist Facials

Botanical Skin Resurfacing

This facial is Aveda's natural alternative to micro-dermabrasion.

We combine the power of tourmaline with a hands-on approach that results in skin that is proven to have a smoother texture, fewer lines and wrinkles, decreased pore size, significantly more radiance – and all without irritation and inflammation.

Treatment time: 1hr 30mins **Price:** £65

Outer Peace Facial

A nurturing sensory experience incorporating deep steam cleansing, gentle exfoliation, specialised massage techniques, mask therapy and a scalp massage. This facial will purify the skin, reduce redness and aid recovery from stress to ensure that not only the symptoms of acne are treated but also the causes ensuring that skin stays clear long term.

Treatment time: 1hr 30mins **Price:** £65

Massages

Elemental Nature™ Massage

Deep massage to relieve bodily tension and stress.

A personalised massage experience based upon the Aveda Elemental Nature™ Philosophy tailor made with an Aveda aroma of your choice.

Pure Essences can be blended together to meet your physical and mental condition and massage techniques will be used that are suited to your needs.

Back, neck and shoulders	Treatment time: 45mins	Price: £35
Full body	Treatment time: 1hr 15mins	Price: £55
Full body, including face and scalp	Treatment time: 1hr 45mins	Price: £75

Equilibrium

Release tension stored in the upper body.

Rebalance your body and mind. Massage focusing on the back, neck, shoulder, scalp and décolleté will help lift tension and headaches. Custom blended oils, intense and luxurious, feel your tension melt away.

Treatment time: 1hr **Price:** £45

Detox

Stimulate your senses with our lymphatic drainage massage.

Commencing with a hot energizing shower, unique massage techniques designed to boost both the lymphatic system and the circulatory system using warm custom blended oils will rejuvenate your senses. This stimulating full body massage will help to eliminate cellulite and water retention. * not suitable for men.

Treatment time: 1hr 15mins **Price:** £60

Stress Relief

Float into a state of tranquillity.

A feather light touch massage that works on nerve endings to achieve deep relaxation. Starting with a comforting warm shower and a calming body cleanser, warm, custom blended oils will be used in your full body massage to calm your body and mind. This powerful massage uses only the lightest touch and will leave you feeling as if floating on air. * not suitable for men.

Treatment time: 1hr 30mins **Price:** £70

Exfoliation Treatments

Body Polish

For lustrous skin through a full body exfoliation.

Enjoy a full body treatment and skin conditioning using your choice of either a blend of mineral-rich Dead Sea salts or soft walnut granules both customised with aromatic flower and plant essences. The invigorating exfoliation is followed by a refreshing shower and an application of a customised, nurturing, hydrating and soothing cream or oil blend.

Treatment time: 1hr **Price:** £40

Back Treatment

Bring purity and balance to the skin on the back.

This treatment will focus on cleansing, skin exfoliation, back massage and mask therapy. Perfect if you are having skin challenges on your back, seasonal skin changes or prior to a special occasion to leave you relaxed and feeling silky smooth.

Treatment time: 1hr 15mins **Price:** £55

Caribbean Therapy™ Indulgence Wrap

Detoxifying and nurturing to create a radiant body glow.

This healing treatment restores the energy balance of your entire body with gentle Caribbean massage. Your body will be dry exfoliated then enveloped in a detoxifying seaweed masque whilst your face and scalp are massaged with calming floral water. Your treatment is followed with a refreshing shower and a nurturing body massage using a luscious Caribbean cream of natural butters and aromas such as mango, cocoa and aloe to complete this island inspired luxury treat.

Treatment time: 1hr 45mins **Price:** £85

Manicure & Pedicure

File and Polish

Incorporates shaping and an application of O.P.I. nail polish of your choice.

Treatment time: 20mins **Price:** £15

Salon Manicure (to be done in the colour processing time)

File and Polish with cuticle tidy.

Treatment time: 30mins **Price:** £20

Hand and Foot Duo

For someone who is on a busy schedule why not try the express treatment for a Manicure and Pedicure. You'll have two therapists, one doing the hands the other doing the feet.

Treatment time: 45mins **Price:** £60

Aveda Spa Manicure

Starting with a sensory journey, hands are treated to a warm salt scrub and then eased into warm towels for complete re-hydration finishing with a relaxing hand and arm massage and an application of polish.

Treatment time: 45mins **Price:** £30

Aveda Spa Pedicure

Indulge in this tension-releasing treatment and your feet will be thoroughly pampered. After your feet have been immersed in a bath of essential oils, the nails are cut and filed, cuticles are minimised, legs and feet exfoliated and dead skin gently removed. To finish, a pressure point massage and nail polish application will leave your feet looking and feeling wonderful.

Treatment time: 1hr **Price:** £40

Manicure & Pedicure Continued

Caribbean Therapy™ Hand Treatment

A rejuvenating and nurturing hand treatment that uses the healing touch and plant ingredients of the Caribbean to improve the condition of the nails, cuticles and hands. A special exfoliating paste and a warm seaweed mask combine with Caribbean massage techniques to smooth and soften, relax and renew.

Treatment time: 1hr 15mins **Price:** £40

Caribbean Therapy™ Foot Treatment

A rejuvenating and nurturing foot treatment that uses the healing touch and plant ingredients of the Caribbean to improve the condition of the nails, cuticles and feet. A special exfoliating paste and a warm seaweed mask combine with Caribbean massage techniques to smooth and soften, relax and renew.

Treatment time: 1hr 15mins **Price:** £50

- * We ask that you bring appropriate footwear when coming in for a pedicure, for example open toe shoes or flipflops.
- * All Caribbean Treatments not suitable during pregnancy. No hair removal to be done 24-48 hours prior to treatment.
- * For a French polish please add £3.50 and 5 mins to the treatment time.
- * Optional toe wax £5.

Waxing

Aveda's Natural Plant Wax Program is a process that incorporates natural plant based waxes, essential oils and soothing ingredients to give you the best hair removal results.

Our relaxing waxing rituals will allow for the most comfort as well as the best effectiveness. We use two different types of wax allowing us to customise the area of hair removal. Please let us know if you are using doctor-prescribed skincare products or taking any medications, so we can check for contra-indications.

<i>Treatment</i>	<i>From</i>
Eyebrow shape	£10
Lip or chin wax	£10
Lip and chin wax	£12
Underarm	£15
Bikini from	£15
Half leg	£22
Half leg and bikini from	£30
Full leg	£32
Full leg and bikini from	£40
Full arm from	£22
Chest or Back from	£20

Make Up

Make up and lesson	£45	(1hr)
Occasion make up	£35	(45 mins)
Wedding make up (includes trial)	£65	
Wedding make up on location	£P.O.A.	(30 mins)

Eye Treatments

Eyebrow shape (using tweezers)	£10	(15 mins)
Eyebrow tint 15mins	£10	(15 mins)
Eyelash tint**	£16	(30 mins)
Eyelash and brow tint	£20	(30 mins)

* Patch testing is required 48 hours prior to eyelash or brow tinting. ** Includes relaxing hand massage.