

Special Occasion Lashes Small bunches of false eyelashes enhance the thickness and length of your own lashes. Normally lasts one week.

Special occasion lashes £ 20 £ 22
Book two eye treatments in one appointment and receive 15% off, book three and receive 20% off - excludes lash perfect lash extensions

Lash Perfect Eyelash Extensions For lavish beautiful eyelashes, individual Semi Permanent Eyelash Extensions. These gorgeous lashes provide thickness and length to natural eyelashes enhancing the charm and appeal of your eyes. Can last as long as you would like them to with regular maintenance treatments.

Eyelash extensions.....£ 55 £ 65
Eyelash tint before eyelash extensionsHalf price
Eyelash extension maintenance is usually required between four & six weeks after initial application.
30 Minute maintenance.....£24 £26
45 Minute maintenance.....£34 £36
60 Minute maintenance.....£44 £56
Lash removal.....£30 £30
Lash removal before a new set.....£10 £10

nail enhancers

Bio-Sculpture Overlays Gel is applied to the natural nail, allowing it to grow & breathe naturally underneath. Watch how quickly your nails grow!

Clear/colour.....£ 31 £ 33
French.....£ 34 £ 36

Bio-Sculpture Infill As your natural nails grow you will begin to see the nail growth around the cuticle area. This will need maintaining depending on your own nail growth, normally every three weeks.

Clear / colour£ 29 £ 31
French.....£ 32 £ 34

Soak-offs & Repairs Soak off before a new set or manicure when booked alongside another treatment which takes 30 minutes or longer complimentary

Soak-off before a new set or manicure.....Half price
Soak-off & neaten£29 £29
Soak off kits available for home use.

Nail Sparkles Fancy something sparkly? Nail gems can be added to any gel or gelish nail treatment and will last for the life of the gel.

Nail sparkles / art per nail.....£ 1

Gelish

Gelish Gel Polish Performs like a gel, applies like a polish. This award winning, patented varnish is so advanced we can mix the colours in salon to achieve the perfect finish. The first nail varnish to last up to 21 days!

Gelish nails.....£21 £23
Gelish nails with a manicure.....£32 £34
Gelish removal£20
Gelish removal before a another nail treatment£5

Minx

Minx Nail Foils Only the very coolest salons and spas are chosen to carry Minx. These fabulous foil nail wraps are a glamorous way for women to extend fashion to their very fingertips. Choose from a huge variety of designs to reflect your mood.... Once you've been Minxed, your life will never be the same!

Minx nail foil.....£23 £25
Minx with bio gel underneath (better for metallic finishes).....£28 £30
Nails that have been minx'd can last between 2 & 5 weeks, normally longer with Bio gel beneath.

hands & feet

OPI Nail Treatments Using the world famous OPI nail care range that many stars swear by. Exceptionally luxurious treatments use the most nourishing ingredients, ensure the softest skin, whilst incredible polishes aid long lasting nail colour.

File & polish.....£ 11 £ 13
Express manicure£ 22 £ 24
Deluxe manicure£ 30 £ 32
Express pedicure.....£ 26 £ 28
Deluxe pedicure£ 33 £ 35

Save time...Why not have your manicure done whilst having your hair done in the salon?

Please bring sandals to wear when having foot treatments.

Jane Iredale make-up

Jane Iredale Make-Up Actually looks like skin. Treating the skin whilst helping you to achieve your perfect look. This longwearing micronised, chemical free mineral make-up range is a celebrity favorite.

Special occasion make-up.....£ 27 £ 29
Make-up application after any facialHalf price
Make-up tuition.....£ 50 £ 54
Includes an eye colour of your choice to take home worthv £15.

Wedding package.....£ 79 £ 85
Including trial & complimentary lip colour for your special day.

capulet packages

The Eyes Have It! Book two eye treatments in one appointment and receive 15% off, book three and receive 20% off.

De-fuzz Book two areas to be waxed in one appointment and receive 15% off, book three and receive 20% off.

Fingers & Toes Book a manicure and pedicure together and we'll upgrade you to a deluxe treatment of each.....saving £15!

Recharge Remedy Deep tissue back, neck & shoulder massage teamed with a Capulet Spa customised facial. An ideal stress buster!.....£ 47 £ 51

Face and Body Sensation Experience the perfect treatment duo, a sensational body massage combined With a booster anti-ageing facial designed to smooth out wrinkles and restore youthful radiance.....£58 £60

Male MOT Select either the Anti-Ageing Elemis Skin IQ+ or the Urban Cleanse Facial combined with the dynamic and immediate tension-relief of the prescribed Elemis Deep Tissue Muscle Massage. Achieve the ultimate goal of Total Time Out!.....£88 £90

Ultimate Capulet Spa Ritual Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage, pure relaxation with dramatic results!.....£88 £90

Party Princess Perfect pamper packages designed for groups of girls, ideal for proms or birthday parties. Including cup cakes, champagne* and spa surprise goodie bags. Different packages to suit all age groups.....from £23 per girl
*pink lemonade

Happy Hens Ideal for Bridal or birthday parties, why not start your celebrations off in the comfort of the Spa. We can provide a bespoke package including an exclusive booking facility with canapés..... Price on application

Venue Visits Getting married or just having a party? If you require Capulet Spa to come to you with a selection of treats from the spa, packages can be tailored to your individual needs.

Half day.....£ 70 £ 90
Full day.....£ 130 £ 160
Treatment tariff additional with 20% off treatment cost.

We run regular Clinics for wrinkle relaxing injections, facial Fillers & vein removal as well as semi permanent make-up. Please ask for details.

Cancellations & Deposits

We require a 50% deposit on any treatments taking over one hour.

Unfortunately deposits are lost if your allocated booking is cancelled with less than 72 hours notice and is not re-booked by an alternative customer.

capulet spa

indulge yourself

Prices bands reflect level of experience.

Band one: Therapist price

Band two: Senior therapist price

Gift vouchers are available

Opening hours

Monday - Closed

Tuesday - 9.30 till 6.30

Wednesday - 9.30 till 7.30

Thursday - 9.30 till 7.30

Friday - 9.30 till 6.30

Saturday - 8.30 till 4.30

www.capuletspa.co.uk

 Find us on Facebook

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www.sallymontague.co.uk/salons/old_hall

face perfection

Elemis has 20 years experience in treating both men and women in the professional spa environment. Designed to respect the body's complex physiology, Elemis spa-therapies work in natural synergy with the skin, body and mind. Dynamic ingredients, medical grade formulas and dedicated research are all combined to provide a range of spa-therapies that offer scientific solutions to every skin, body or lifestyle concern.

Capulet Customised Facial The perfect introduction to elemis. Helping to oxygenate the duller of skins to brighten and restore glow. De-stressing both you and your skin!£33 **£35**

Elemis Skin Specific Facials.....£38 **£40**
Fruit Active Glow

Brings back the glow to a lifeless complexion, powerful conditioning actives nourish and renew vital radiance.

Exotic Moisture Dew

Treat your skin to a moisture boost, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look.

Herbal Lavender

For perfect restoration of skin balance. Deep cleansing to draw out skin impurities, will reduce unwanted shine, refine the pores and treat skin breakouts.

Elemis Skin Solutions Facials£48 **£50**
Modern Skin Facial

A specially designed facial to deal with today's 'modern skin'. With skincare concerns that manifest from modern everyday lifestyle stresses, pollution and diet. Powerful anti-oxidants rich in minerals & vitamins reveal a clearer, radiant, more balanced, glowing skin.

Oxygen SkinCalm Facial

Calming actives and a restructuring Japanese Silk Mask to help rebalance delicate, fragile and sensitive complexions. Relieves redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

S.O.S. Purifying Facial

A powerful face and eye treatment that helps regulate and balance the function of the skin. The unique Japanese Sulphur Mask, helps to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Elemis Tri-Enzyme Resurfacing Facial This ground-breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 70%* and increase skin smoothness by up to 32%*, this unique treatment targets blemishes, uneven skin tone, superficial scarring and fine lines, revealing a younger looking skin.....£63 **£65**

*Independent Clinical Trials 2006

Elemis Visible Brilliance Facial Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61%* and elasticity by 40%*. Specialised microcirculatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance.....£67 **£69**

*Independent Clinical Trials 2004

Elemis Pro-Collagen Quartz Lift Facial This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just 1 treatment, this facial reduces the number of wrinkles by up to 94%* and improves skin firmness by up to 37%*. Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance.£69 **£71**

*Independent Clinical Trials 2007

After any six facials receive a loyalty discount price of 10% off.

age reversal

CACI Ultra Wrinkle Rescue Facial Pioneered for medical use this relaxing treatment works to eliminate the signs of ageing by introducing micro currents to re-educate & restore muscle tone, whilst encouraging cellular repair.

Wrinkle rescue facial£46 **£48**
Programme of 10£410 **£430**
Maintenance treatment.....£41 **£43**

CACI Ultra Wrinkle Rescue Express Treatment No time for a full treatment, try the non-surgical express treatment on the areas that concern you the most.

Express treatment£25 **£27**
Programme of 10£220 **£240**
Maintenance treatment.....£22 **£24**

CACI Ultra Skin Rescue Facial Specially designed to encourage rapid healing & skin regeneration using ultrasound & therapeutic laser this treatment is ideal for blemished, scarred, pigmented or lined skins. At its conclusion your complexion will be lighter, moisture rich and completely refined.

Skin rescue facial.....£35 **£37**
Programme of 10£310 **£330**
Maintenance£31 **£33**

CACI Ultra Super Lift Facial Combining both the wrinkle rescue and skin rescue treatment phases this remarkable facial stimulates the production of collagen & elastin; softening deep lines & wrinkles for the ultimate anti-ageing experience.

Super lift facial£63 **£65**
Programme of 10£560 **£580**
Maintenance facial.....£56 **£58**

body revamp & detox

CACI Ultra Body Treatment This powerful treatment reshapes & contours the bust, stomach, bottom or thighs. Using electrical currents combined with relaxing massage techniques designed to stimulate lymphatic drainage & sluggish circulation. This promises to eliminate toxins, breakdown fatty deposits & smooth unwanted dimples. Choose either cellulite treatment or body toning & contouring.

CACI ultra body treatments£34 **£36**
Programme of 10£300 **£320**
Maintenance£30 **£32**

Elemis Body Sculpting Cellulite and Colon Therapy Clinically proven to target stubborn cellulite and sagging skin, for visible, rapid results. A peel off body mask is combined with massage to deeply cleanse the body, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.....£58 **£60**

Elemis Cellutox Aroma Spa Ocean Wrap Be cocooned in a body wrap and treated to a pressure point facial massage and de-stress scalp treatment. This rich therapy helps refine the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth.£38 **£40**

body bliss

Swedish Massage This technique is ideal to unwind and relax both body & mind, this gentle massage is perfect for helping many body concerns, which include circulation problems, muscle tensions and more importantly stress!

Swedish body massage.....£35
Swedish back, neck and shoulder massage.....£20

Elemis Deep Tissue Massage Relieve any built up tensions & revive the senses with this powerful, customised massage. This advanced technique will re-align the body therefore helping with posture & can aid in relieving the symptoms of sciatica. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Elemis deep tissue body massage£38 **£40**
Back, neck & shoulder massage.....£23 **£25**

Elemis Aroma Stone Therapy Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.£58 **£60**

Elemis Musclease Aroma Spa Ocean Wrap A comforting body wrap whilst you're treated to a pressure point facial massage and de-stress scalp treatment. Using a warming blend of Essential Oils, this specialised treatment helps ease aching, tense muscles. The body is re-energised and skin is left silky soft and smooth.£38 **£40**

exotic body bliss

Elemis Exotic Lime and Ginger Salt Glow Smooth away dry skin cells and melt away stresses, warm oil is drizzled over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is used to revitalize, the skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.....£28 **£30**

Elemis Exotic Coconut Rub and Milk Ritual Wrap Warmed Elemis Skin Nourishing Milk Bath is poured all over the body before being cocooned in a body wrap. This opulent therapy is great for soothing and softening, combined with a pressure point facial massage and de-stress scalp treatment.....£38 **£40**

Elemis Exotic Frangipani Body Nourish Wrap Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce Monoi which is poured over the body then cocooned in a body wrap. Drenches skin with moisture and provides ultimate radiance, vitality and all over body glow.£38 **£40**

specialist body bliss

Elemis Nurturing Massage for Mother-to-Be Connects mother and baby through the power of touch, working with two heartbeats as one. The unique Elemis beanbag is used to ensure ultimate safety, comfort and relaxation. Relieves tension in the back and alleviates swelling in the hands and feet, while easing the mind and uplifting the spirit.£58 **£60**

Indian Head Massage This wonderful massage incorporating the face, neck, and back, helps to balance the chakras so to restore harmony within the body and mind. This is an intensely relaxing, healing massage for headaches and tension along with improving the skin and hair functions.....£24

Hopi Ear Candles This ancient technique uses organic candles to soothe, relieve and purify. The calming effect reduces stress yet it's powerful enough to draw out impurities to relieve irritation or pressure in the ear or sinuses which can cause headaches, colds and even hay fever along with helping sinusitis, glue ear and tinnitus.£28

body excellence

Fake Bake 'Gold' Airbrushed Tan Contains intense concentrations of a unique triple tan formula, powerful anti-oxidants and vitamins to provide safe, sunless tanning in minutes. This light, fast drying and non sticky formula has a 'show where it goes' cosmetic guide colour to give an instant tan upon contact with the skin without clogging pores. Can last for up to 10 days.....£23 **£25**

Fake Bake 'Gold' Cream Tan has been specially developed to help with the signs of ageing - our luxury treatment will exfoliate the skin with rich & nourishing ingredients, the tan will leave you golden & give you the straight off the beach glow.....£38 **£40**
Please ask when booking for pre treatment advice, and bring some loose dark clothing for leaving the spa.

male grooming

Elemis Skin IQ+ Facial Clinically proven*, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.£63 **£65**

*Independent Clinical Trials 2006

Elemis Urban Cleanse Facial Eliminates blocked pores, rapidly accelerate skin repair and neutralise impurities. Fast acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.....£63 **£65**

*Independent Clinical Trials 2004

PHD Male Hair Removal The most hygienic method of waxing known to man, proven to eliminate cross-contamination.
Chest or back wax£22 **£24**
Chest & back wax£34 **£36**
Eyebrow tidy£8 **£10**

Check out the rest of the treatment menu for body treatments, spray tans & the male MOT package.

Please bring dark coloured shorts when booking body treatments.

smooth skin

PHD Hair Removal Using the PHD waxing system, the most hygienic way of waxing to date, unlike roller & pot systems the tube system ensures that there is no cross-contamination from one person to another. PHD is the gentlest yet most effective way to remove unwanted hair.

Half leg£14 **£16**
3/4 leg.....£17 **£19**
Full leg£24 **£26**
Bikini.....£11 **£13**
Extended bikini - inside thighs.....£16 **£18**
Brazilian£17 **£19**
Underarm£8 **£10**
Half Arm£13 **£15**
Full Arm.....£18 **£20**
Lip or chin.....£7 **£9**
Sides of face.....£13 **£15**
Eyebrow shape.....£8 **£10**
Abdomen or small of back£12 **£14**

Book two areas to be waxed in one appointment and receive 15% off, book three and receive 20% off.

eye essentials

Eye Maintenance Make the most of your eyes to always look your best, even if you don't feel it. These safe & effective treatments are a fantastic way to brighten up your eyes.

Eyelash tint - lasts 6-8 weeks£10 **£12**
Eyebrow tint -lasts 3-4 weeks£7 **£9**
Eyebrow shape.....£8 **£10**

i-appeal Lash Lift This striking treatment shapes & lifts the lashes to ensure you have that wide-awake look all the time...well at least for three months until you're ready for your top up!
Eyelash lift - Includes complimentary scalp massage£40 **£42**
Half price manicure during the perming process.