

SALLY MONTAGUE
— HAIR & SPA —

TREATMENT MENU
BELPER

ESPA

OUR FACIALS BEGIN WITH A DETAILED CONSULTATION AND IN-DEPTH SKIN ANALYSIS USING SKINVISION™ TECHNOLOGY TO IDENTIFY SKIN CONDITIONS NOT VISIBLE TO THE NAKED EYE.

Your facial is specifically tailored to you, to include cleansing, exfoliation, steam and extraction where necessary, and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs to achieve the best possible results.

To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

ESPA FACIALS

SKIN RADIANCE FACIAL

£50

55 minutes

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance.

A special application of ESPA Skin Radiance Moisturiser; rich in natural AHAs and BHAs from Hawaiian Algae and Meadowsweet, helps to smooth, reduce irregular pigmentation and brighten the skin to deliver instant results.

RE- HYDRATOR FACIAL

£50

55 minutes

An intensive and regenerating facial for dehydrated skin leaving it supple and nourished.

Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturise and soothe the complexion. This rehydrating facial leaves skin smooth and feeling rejuvenated.

DE-SENSITISER FACIAL

£50

55 minutes

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished.

De-sensitising natural plant extracts and calming aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skin. This soothing facial helps to reduce skin sensitivity leaving skin calmed, nourished and comfortable.

SKIN PURIFYING FACIAL

£50

55 minutes

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance.

This deep cleansing facial helps to regulate oil secretions and refine open pores. Essential Tea Tree and White Thyme oils, which are naturally decongesting and anti-inflammatory, are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

INTENSIVE & AGE DEFYING

LIFESTAGE FACIAL

£55

55 minutes

A targeted and rejuvenating facial for maturing skin to address the most visible signs of ageing, specifically focusing on eyes, neck, lips and jaw line.

Incorporating special age-defying massage techniques and the technologically advanced LIFESTAGE product range, this luxurious facial will minimise wrinkles, immediately improve hydration levels whilst helping to reduce the appearance of pigmentation, large pores and redness. A mask will also be applied to firm and stimulate elasticity leaving the skin revitalised and radiant.

AGE-DEFYER FACIAL

£55

55 minutes

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing.

This treatment visibly improves the appearance of the skin by using special age-defying massage techniques and a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant and rejuvenated.



ADVANCED ENZYME FACIAL

£80

90 minutes

A powerful and highly effective facial to boost cell regeneration and give an instantly smooth, radiant complexion.

A deep brush cleanse is followed by an intense Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. After a soothing massage using Rose Quartz Crystals to help cool and calm, a Lifting and Smoothing Mask is applied revealing a more plumped and firmer appearance.

Upgrade any facial to include a lift and firm eye treatment. £15 supplement.

ESPA EXPRESS

PERSONALISED EXPRESS FACIAL £30 25 minutes

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, SkinVision™ analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum to suit your skin.

LIFT & FIRM EYE TREATMENT £30 25 minutes

Perfect for those who are concerned with the first signs of ageing around the eyes.

An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporating a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.

SHOULDER, NECK & SCALP MASSAGE £30 25 minutes

This massage focuses on the key areas of tension using an ESPA Body Oil chosen for your specific needs. Where needed, Hot Stones are also used to penetrate warmth and help ease aches and pains.

ESPA BODY TREATMENTS

WE OFFER A HUGE RANGE OF SOLUTION LED ESPA BODY TREATMENTS & MASSAGES, EACH ONE DESIGNED & TAILORED SPECIFICALLY TO ENSURE YOU EXPERIENCE THE BEST PHYSICAL & EMOTIONAL THERAPEUTIC BENEFITS.

ESPA EXPRESS

25 minute ESPA treatments or why not complement your treatment with one of the following:

BACK, NECK & SHOULDER MASSAGE £30 25 minutes

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs. Where needed, Hot Stones are used to penetrate warmth and ease aching.

SALT & OIL SCRUB £30 25 minutes

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

INVIGORATING FOOT TREATMENT £30 25 minutes

This revitalising treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

MASSAGE TREATMENTS

BACK, FACE & SCALP TREATMENT

with or without hot stones

£65

85 minutes

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas - the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: *Back exfoliation and hot stone back massage, personalised facial, scalp massage.*

AROMATHERAPY MASSAGE

£50

55 minutes

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

Choose from the following:

Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner

Includes: *Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage*

HOT STONE MASSAGE

£55

55 minutes

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Includes: *Hot Stone Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage or Swedish massage to back, legs, arms, abdomen, neck/shoulder massage*

ESPA DETOX WRAP

£55

55 minutes

A body wrap specifically designed to comfortably raise the temperature and induce perspiration to help speed up the elimination of toxins and improve circulation.

Following skin brushing and exfoliation, a complete body wrap of Marine Algae combined with Detoxifying Body Oil is blended and applied to help purify the body and hydrate the skin.

The treatment ends with a mind calming scalp massage for ultimate relaxation.

Includes: *Skin brush, body exfoliation, Detox Algae wrap, scalp massage*

ESPA BODY WRAP

£55

55 minutes

This personalised body wrap is a tailor-made experience designed to comfortably raise the temperature, nourish the skin and increase the effects and absorption of the wrap.

Following skin brushing and exfoliation a complete body wrap of Algae or Marine Mud combined with essential oils is blended and applied to meet your specific needs. Skin feels nourished and hydrated and the mind left totally relaxed after a soothing scalp massage.

Choose from the following:

De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser or Body Toner

Includes: *Skin brush, body exfoliation, wrap, scalp massage*

ESPA FOR MEN

OUR ESPA FACE & BODY TREATMENTS FOR MEN ARE TAILORED TO YOUR SKIN TYPE, EACH ONE DESIGNED SPECIFICALLY TO ENSURE YOU EXPERIENCE THE BEST PHYSICAL & THERAPEUTIC BENEFITS DEPENDING ON YOUR NEEDS.

MENS SHOULDER, NECK & FACE MASSAGE

£55

55 minutes

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalised treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

Includes: *Double cleanse, exfoliation, steam and extraction, face massage, mask, scalp massage*

BACK, FACE & SCALP TREATMENT

with or without hot stones

£65

85 minutes

Renowned as our 'Hero' treatment and loved by all; this ESPA experience delivers triple results by targeting three key areas - the back, the face and the scalp, making it the ideal treatment for anyone.

Includes: *Back exfoliation, back massage (120 mins with hot stones), facial, scalp massage*

AROMATHERAPY MASSAGE

£50

55 minutes

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils.

A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

Choose from the following:

Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energiser, Body Toner

Includes: *Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage*

HOT STONE MASSAGE

£55

55 minutes

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Includes: *Hot Stone Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder massage*



OPI MANICURE & PEDICURE SERVICES

FILE & POLISH

£16 20 minutes

Incorporates shaping and an application of OPI nail polish of your choice.

SALON MANICURE

£21 30 minutes

File and Polish and cuticle tidy.

Add on French polish £2.50

EXPRESS PEDICURE

£27 30 minutes

OPI SPA MANICURE

£32 45 minutes

Hands are exfoliated, hydrated, massaged and then softened in thermal mitts. You can then sit back and enjoy a relaxing neck and shoulder massage. Nails and cuticles are then trimmed shaped and polished.

OPI SPA PEDICURE

£42 1 hour

The ultimate spa experience pedicure that will restore the mind as well as the feet! This extraordinary treatment that will refresh and re-energise as well as hydrate and nourish. To finish, an OPI nail polish application will leave your feet looking and feeling wonderful.

CALLUS PEEL

£18 30 minutes

A fast, effective and professional way to achieve smooth feet. The treatment peels away hard skin and can be added to any pedicure.



OPI GEL NAILS

£25 45 minutes

This fabulous gel is an alternative to nail varnish, its non chipping and great for strengthening your own nails whilst coloured gel provides a flawless glossy colour that lasts for weeks. Available in colour and French styles for fingers and toes.

SOAK OFF

£18 30 minutes

The soak off is complimentary when another set of OPI gel nails is applied.

TANNING

SPRAY TANNING

£20 (full body)	20 minutes
£15 (half body)	15 minutes

Before you spray tan please shave and exfoliate the day before your appointment. On the day of your tan please wear dark loose clothing and do not wear body lotion or deodorants.

WAXING TREATMENTS

EYEBROW SHAPE	£11
LIP OR CHIN WAX	£11
LIP & CHIN WAX	£13
UNDERARM	£16
BIKINI	£16
BRAZILIAN	£20
HOLLYWOOD	£25
HALF LEG	£23
HALF LEG & BIKINI FROM	£31.50
FULL LEG	£33.50
FULL LEG & BIKINI FROM	£42
FULL ARM FROM	£23
CHEST OR BACK	£21



「BROWS」

HD BROWS

£30	45 minutes
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A unique treatment for creating perfectly well-groomed, high definition eyebrows. Unlike other eyebrow treatments that use a 'one shape fits all' technique, our certified HD Brows stylists will assess your face shape and colouring before creating a bespoke brow, tailored exclusively to you.

EYE TREATMENTS

EYEBROW SHAPE	£11
EYEBROW TINT	*£11
EYELASH TINT	**£17
EYEBROW SHAPE & TINT	*£17
EYELASH & BROW TINT	*£21

* Patch testing is required 48 hours prior to eyelash or brow tinting

** Includes relaxing hand massage

EYELASH EXTENSIONS

SEMI PERMANENT

EYELASH EXTENSIONS

£55	1 hour 30 minutes
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EYELASH INFILLS

£35	1 hour
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MAKE UP

ENJOY A FLAWLESS APPLICATION OF PROFESSIONAL HD BROWS MAKE-UP & DISCOVER THE CORRECT BLUSHERS, POWDERS & PALETTES TO SUIT YOUR SKIN TONE.

MAKE UP & LESSON

£47

1 hour

OCCASION MAKE UP

£37

45 minutes

WEDDING MAKE UP

£POA

WEDDING MAKE UP ON LOCATION

£POA

HOLISTIC TREATMENTS

HOPI EAR CANDLES

£30

30-45 minutes

The wholly natural candles work as a chimney, drawing any obstructions within the ear to the surface where they can be gently removed.

A relaxing experience bringing relief to a great many conditions.



HOW TO SPA

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Belper salon reception who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form and/or Health Questionnaire. We recommend you arrive up to fifteen minutes in advance of your treatment, please be advised that late arrivals will result in a reduction of treatment time.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration apart from manicures and pedicures taken in the Nail Studio. Please contact reception for details on treatments available for our young guests.

CANCELLATION POLICY

50% of the planned service charge will be incurred for any treatment not cancelled at least 48 hours to your scheduled time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the reception team for details.

HOMECARE

To continue your spa experience at home, most products used in our treatments are available at ESPA reception.

VALUABLES

Sally Montague Hair Group accepts no responsibility for loss of valuables and jewellery at any time on the spa premises.

AT THE *SALLY MONTAGUE HAIR GROUP* WE PRIDE OURSELVES ON OUR EXPERTISE, FUSING *CREATIVITY* & TECHNICAL ABILITY FOR AN OUTSTANDING STRENGTH OF SERVICE THAT'S SECOND-TO-NONE.

WE *STRIVE* TO OFFER CONSISTENTLY HIGH-END HAIRDRESSING THROUGHOUT OUR SIX SALONS ACROSS DERBYSHIRE. WE'RE FANATICAL ABOUT YOUR HAIR & LOVE PROVIDING YOU WITH STYLE *INSPIRATION* & PREMIUM AFTERCARE TO CREATE A TRULY PERSONALISED LOOK.

OUR *COLOUR SPECIALISTS* KNOW A THING OR TWO ABOUT COLOUR TOO, TRUST THEM TO BREAK THE RULES & DESIGN A BESPOKE HUE TO SUIT YOUR SKIN TONE.

WE'RE PROUD TO HAVE FAMILIES SPANNING *THREE GENERATIONS* VISITING US FOR BESPOKE HAIR & BEAUTY SERVICES &, WHILE WE'RE INFLUENCED BY OUR *HERITAGE*, WE LOOK TO THE FUTURE.

WELCOME TO OUR WORLD

BELPER

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